



Republic of the Philippines
Department of Education
REGION VIII
SCHOOLS DIVISION OF NORTHERN SAMAR

February 5, 2025

DIVISION MEMORANDUM

No. 045, s. 2025

**NAVIGATING WELLNESS:
DIVISION SYMPOSIUM ON CHILD AND ADOLESCENT HEALTH
“Empowering Adolescents: Guiding Paths to Health, Wellness and Support”**

To: Assistant Schools Division Superintendent
Chief, Schools Governance & Operations Division
All Concerned Public Secondary School Principals/ School Heads
All School Health & Nutrition Section Personnel
All Others Concerned

1. This Office, through the Schools Governance & Operations Division (SGOD) – School Health Section (SHS), shall conduct a two (2)-day live-in seminar (two days; one night), entitled: ***Navigating Wellness: Division Symposium on Child and Adolescent Health – “Empowering Adolescents: Guiding Paths to Health, Wellness and Support”*** on February 13 & 14, 2025 at La Fortunata Functions, Brgy. Daganas, Catarman, Northern Samar.
2. The objectives of this activity are the following:
 - a. **Educate Adolescents:** Provide comprehensive education on reproductive health topics, including puberty, STI prevention, mental health and healthy relationships.
 - b. **Empower Peer Support:** Train adolescents to become peer health navigators, equipping them with skills to support their peers in making informed health decisions and accessing necessary services.
 - c. **Promote Healthy Decision-Making:** Encourage informed decision-making by fostering an understanding of reproductive rights, gender equality, and the importance of mental health and emotional well-being.
 - d. **Enhance Service Access:** Improve access to reproductive health services by teaching adolescents how to navigate healthcare systems and utilize available resources effectively.
 - e. **Community Partnership and Engagement:** Advocate for supportive community involvement, engagement, and referral in adolescent health.



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3. The expected participants of this activity are School Heads or Supreme Secondary Learners Government (SSLG) Advisers, SSLG Officers (preferably Grade 9 or 10) and School Nurses from selected Secondary Schools (Please see enclosed list).
4. All Participants are requested to bring their mobile phones, tablets or laptops.
5. To ensure the safety and protection of participating learners, a signed Parental Consent and Waiver Form must be submitted during onsite registration. Attached is the Parental Consent and Waiver Form to be accomplished.
6. All expenses relative to the conduct of this activity such as meals, venue, accommodation, travel and incidental expenses of the participants, facilitators, program management team shall be charged against **Adolescent Reproductive Health (ARH) Program Support Fund (PSF)**, subject to the usual accounting and auditing rules and procedures.
7. This Memorandum shall serve as **Official Travel Authority** of all involved.
8. Immediate dissemination of and compliance with this Memorandum are desired.

GAUDENCIO C. ALJIBE JR., PhD, CESO VI
Schools Division Superintendent

DepEd Northern Samar
RELEASED

By:

Date: 2-5-25





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Enclosure No. 1 to DM 045, s. 2025

**ALOTTED NUMBER OF PARTICIPANTS PER
SELECTED SECONDARY SCHOOLS**

School	District	Delegation		
		SSLG Adviser	SSLG Officer	School Nurse
1. San Isidro National High School	San Isidro I	1	1	----
2. Alegria National High School	San Isidro II	1	1	----
3. Lope de Vega NHS	Lope de Vega	1	1	Precious P. Catipay
4. Victoria National High School	Victoria	1	1	Camelia B. Nemil
5. Allen National High School	Allen I	1	1	----
6. Basilio B. Chan Agro-Industrial School	Lavezares I	1	1	Cheryl Ann D. Catucod
7. Rosario National High School	Rosario	1	1	----
8. San Jose Technical School	San Jose	1	1	Carmela C. Indino
9. Bobon School for Philippine Craftsmen	Bobon	1	1	Lanny A. Espina
10. Eladio T. Balite Memorial School of Fisheries	Bobon	1	1	Amyleen Baluyot
11. Catarman National High School	Catarman I	1	1	Llyra Ursula P. Camposano
12. Washington National High School	Catarman III	1	1	Melody C. Cabales
13. Leonardo T. Amigo National High School	Mondragon I	1	1	Gay G. Ty
14. Mondragon Agro-Industrial School	Mondragon III	1	1	Melchora P. Dones
15. F. Dominice National High School	Mondragon II	1	1	Richel M. Ibanez
16. Don Juan F. Avalon National High School	San Roque	1	1	Gladys A. Ibanez
17. Pambujan National	Pambujan I	1	1	Sheila C. Aguilando



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High School				
18. San Roque-Pambujan Vocational School	Pambujan II	1	1	Nilma S. Regulacion
19. Laoang National Technical High School	Laoang I	1	1	Rosalie A. Rojero
20. Laoang National High School	Laoang II	1	1	Ma. Iris M. Tan
21. Rawis National High School	Laoang III	1	1	Glenda T. Tan
22. Catubig Valley National High School	Catubig I	1	1	Tellie Pajes
23. Las Navas National High School	Las Navas I	1	1	Jacky B. Morales
24. Sumuroy Agro-Industrial School	Palapag I	1	1	Rovy Karla Caparosso
25. Gamay National High School	Gamay I	1	1	Jennifer Pajares
26. Mapanas Agro-Industrial School	Mapanas	1	1	----
27. Lorenzo S. Menzon Agro-Industrial School	Lapinig	1	1	Venjenette Lugo
28. Senior High School	----	----	----	Myra D. Santos
29. Senior High School	----	----	----	Pinky A. Detera
30. Senior High School	----	----	----	Chenita P. Tenedero
		27	27	25
TOTAL NO. OF PARTICIPANTS		79		



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PROGRAM MANAGEMENT TEAM

Designation	Name	Position
Activity Manager	Gaudencio C. Aljibe, Jr, PhD, CESO VI	Schools Division Superintendent
Co-Activity Manager	Rey F. Bulawan, Ed.D.	Asst. Schools Division Superintendent
Onsite Managers	Noe M. Hermosilla	Chief – SGOD
	Warren L. Otadoy	Section Head, School Health Section
	Christy A. Ador	Nurse In-Charge
Resource Speakers	Precy M. Ereno	Nurse II – Division Focal Person for Adolescent Reproductive Health
	Gladys Phine T. Caimoy	Nurse II – Alternate Division Focal Person for Adolescent Reproductive Health
	Marvin D. Socorro	Nurse II
	Katrina Kristel A. Tafalla	Nurse II
Secretariat/ Support Staff	Femmy C. Alcera	Administrative Assistant II
	Joel C. Sumayop	ADA III
	Richelle Paz Delizon	Administrative Support II

Participants	79
Program Management Team	12
TOTAL PAX	91



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Enclosure No. 2 to DM 041, s. 2025

**NAVIGATING WELLNESS:
DIVISION SYMPOSIUM ON CHILD AND ADOLESCENT HEALTH
“Empowering Adolescents: Guiding Paths to Health, Wellness and Support”
March 13 & 14, 2025**

ACTIVITY MATRIX

DAY 1		
TIME	ACTIVITIES	Responsible Person
8:00AM – 9:00AM	Arrival/ Registration	SECRETARIAT
9:00AM – 9:30AM	OPENING PROGRAM <ul style="list-style-type: none">Philippine National AnthemInvocationDepEd Division HymnDepEd Quality Policy Statement <ul style="list-style-type: none">Welcome Remarks: WARREN L. OTADOY <i>Medical Officer IV –Head, School Health Section</i>Message: GAUDENCIO C. ALJIBE JR, PHD, CESO VI <i>Schools Division Superintendent</i>	SECRETARIAT
9:30AM-10:00AM	Acknowledgement of Participants	CHRISTY A. ADOR <i>Nurse In-Charge</i>
	Context Setting	PRECY M. ERENO <i>Division Focal Person, Adolescent Reproductive Health</i>
10:00AM-11:00AM	Topic 1: Laws & Policy Issuances	MARVIN D. SOCORRO



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11:00AM-12:00PM	Topic 2: Situationer & Statistics	PRECY M. ERENO
12:00NN – 1:00PM	LUNCH BREAK	
1:00PM – 2:00PM	Topic 3: Health Information	PRECY M. ERENO
2:00PM – 3:00PM	Topic 4: Health Services	GLADYS PHINE T. CAIMOY
3:00PM – 4:00PM	Session 4: Meaningful Participation	KATRINA KRISTEL A. TAFALLA
4:00PM-5:00PM	Session 5: Navigating Wellness	PRECY M. ERENO
End of Day 1		

Day 2		
8:00AM – 9:00AM	Call to Start/ Preliminaries & Attendance Checking	SECRETARIAT
9:00AM-10:00AM	<ul style="list-style-type: none"> • Overview of the Journey Map Stop 1: Assembly Point (Creating a Team)	PRECY M. ERENO
10:00AM-11:00PM	Stop 2: Street Signs (Products)	KATRINA KRISTEL A. TAFALLA
11:00AM-12:00PM	Stop 3: Stop-Over Points (Services)	GLADYS PHINE T. CAIMOY
12:00NN – 1:00PM	LUNCH BREAK	
1:00PM-3:00PM	Stop 4: Places to Visit (Implement Promotion)	KATRINA KRISTEL A. TAFALLA



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2:00PM-3:00PM	Stop 5: Me as a Tour Guide (Navigation: Referral) Self-Assessment Checklist Stop 5: Vulcanizing/ Repair Shop (Continuing Education Training)	MARVIN D. SOCORRO
3:00PM-4:00PM	Stop 6: Documentation <ul style="list-style-type: none">○ Reflection Paper○ Action Plan	PRECY M. ERENO
4:00PM – 5:00PM	CLOSING PROGRAM <ul style="list-style-type: none">• Closing Remarks: NOE M. HERMOSILLA <i>Chief, Schools Governance & Operations Division</i>• Distribution of Certificates• Photo Opportunity	SECRETARIAT
EGRESS		



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Enclosure No. 3 to DM 04, s. 2025

PARENTAL CONSENT AND WAIVER FORM

I, _____, as the parent or legal guardian of

_____,
(Full Name of Learner)

hereby acknowledge that I have been informed on the details of the seminar, entitled: **“Navigating Wellness: Division Symposium on Child and Adolescent Health – Empowering Adolescents: Guiding Paths to Health, Wellness and Support”** on February 13 & 14, 2025 at La Fortunata Functions, Brgy. Daganas, Catarman, Northern Samar.

Voluntary Participation

I have considered the benefits that my son or daughter will derive from his/her participation in this activity provided that due care and precaution will be observed to ensure the comfort and safety of my son/daughter. I acknowledge that my child’s participation in this activity is completely voluntary. My child may decline to participate or withdraw from participation at any time for any reason. Declining or withdrawal of participation will not result in any penalty or loss of benefits or reduction of any basic right to which my child is entitled.

Documentation

I confirm that I give full permission in any recording or picture taken of my child during the conduct of this event and use some or all of my child’s images/ contributions/ performance in documentations created by the DepEd and its program partners and to release these materials to official organizational platforms.

Confidentiality

I am aware that any information that will be given during the activity will be kept strictly confidential, and personal information will be treated in accordance with the Data Privacy Act of 2012.

I hereby confirms that I agree and understand the commitment of my child as a participant. I also understand and will support my child’s endeavor to meet the expectations, guidelines, and responsibilities to his/ her fellow participants.

To the extent allowed by law and rules, I hereby agree to waive, release, and discharge any and all claims, causes of action, damages, and rights against the school/ division



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and its personnel as well as officials and personnel of the Department of Education relative to the conduct of the activity.

I hereby acknowledge that I have fully read and understood the content of this document which was explained to me using the language that I can understand prior to signing.

With full understanding, I, on behalf of myself, my household members, and my child, hereby freely and voluntarily give my consent to my child's participation in the activity on February 13 & 14, 2025. I also attest that I had sought the views of my child and he/she has expressed willingness to participate in the activity.

Signature Over Printed Name of
Parent/ Guardian

Contact Information (Mobile Number): _____



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